

AMY TANG

AUTHOR, SPEAKER, HEALER & SOCIAL ENTREPRENEUR



About the Author

Amy Tang is rapidly emerging as a renowned leader within the conscious wellness arena. For the past decade, she has helped transform numerous lives through inspirational coaching, blogging, playshops and speaking engagements nationwide.

Amy is the author of *A Playdate with Destiny* (2010) and *Awakening to the Light Within* (to be published in 2013). Her revolutionary story was also published in the anthology *Waking Up is NOT Hard to Do* (2012).

Her work has been featured in several popular online magazines including *ivillage.com*, *SheKnows.com*, *11:11 Magazine* and *Troy Media*. In addition to her blog, Amy has been a guest blogger for several other leading-edge wellness sites including *Rational-optimism.com*, *Satissimi.com* and *Holistic Local*. Her own social media platform is expanding exponentially too.

Amy has facilitated a wide variety of workshops across the country. She is frequently invited to be a Featured Speaker at *Harmony in Phoenix* as well as larger venues including the *Universal Light Conference (2011)* in Columbus, Ohio and the *Emerging Healers Conference (2007)*.

Amy has been an invited guest on numerous radio and television shows, including two appearances on *AM Arizona*. Her books, playshops, CD's and DVD's are available on Amazon, as well as her own website www.AuthorAmyTang.com

As a social entrepreneur, Amy co-founded Lights On® - an online educational portal of self discovery. Lights On® has attracted several thousand fellow journeyers from over 55 countries worldwide. Globally, people are finding more peace, balance and success in their lives due to Lights On®.

Prior to 2001, Amy was a Project Manager of ERP and CRM system implementations for multi-national corporations specializing in manufacturing and services worldwide. She graduated from Cornell University in 1990.

Amy lives in Scottsdale, Arizona with her loving husband and two young sons. She credits her family life with providing a fertile playground of limitless creativity.